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*Title*

**STIFFNESS AFTER TOTAL KNEE ARTHROPLASTY**

*Authors*

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*Publication*

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*Purpose/Premise*

This paper reports on a study that was conducted to determine the prevalence of stiffness after primary TKA, and to examine the practicality of revision arthroplasty as a treatment for stiffness.

*Material and Methods*

A group of 1,000 consecutive TKAs were evaluated for stiffness. A knee was considered stiff if it had a flexion contracture of 15° and/or flexion of less than 75°. Evaluations were then made of 56 knees that were revised because of stiffness.

*Outcomes*

The prevalence of stiffness was 1.3% after an average of 32 months. For knees that were revised due to stiffness, the mean Knee Society score improved from 38.5 to 86.7 at an average of 43 months.

*Conclusion/Recommendation*

The authors concluded that revision was a satisfactory treatment option for stiffness, but that the benefits are modest.

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